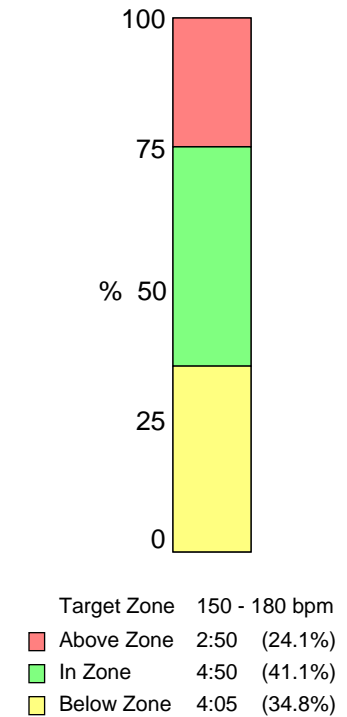
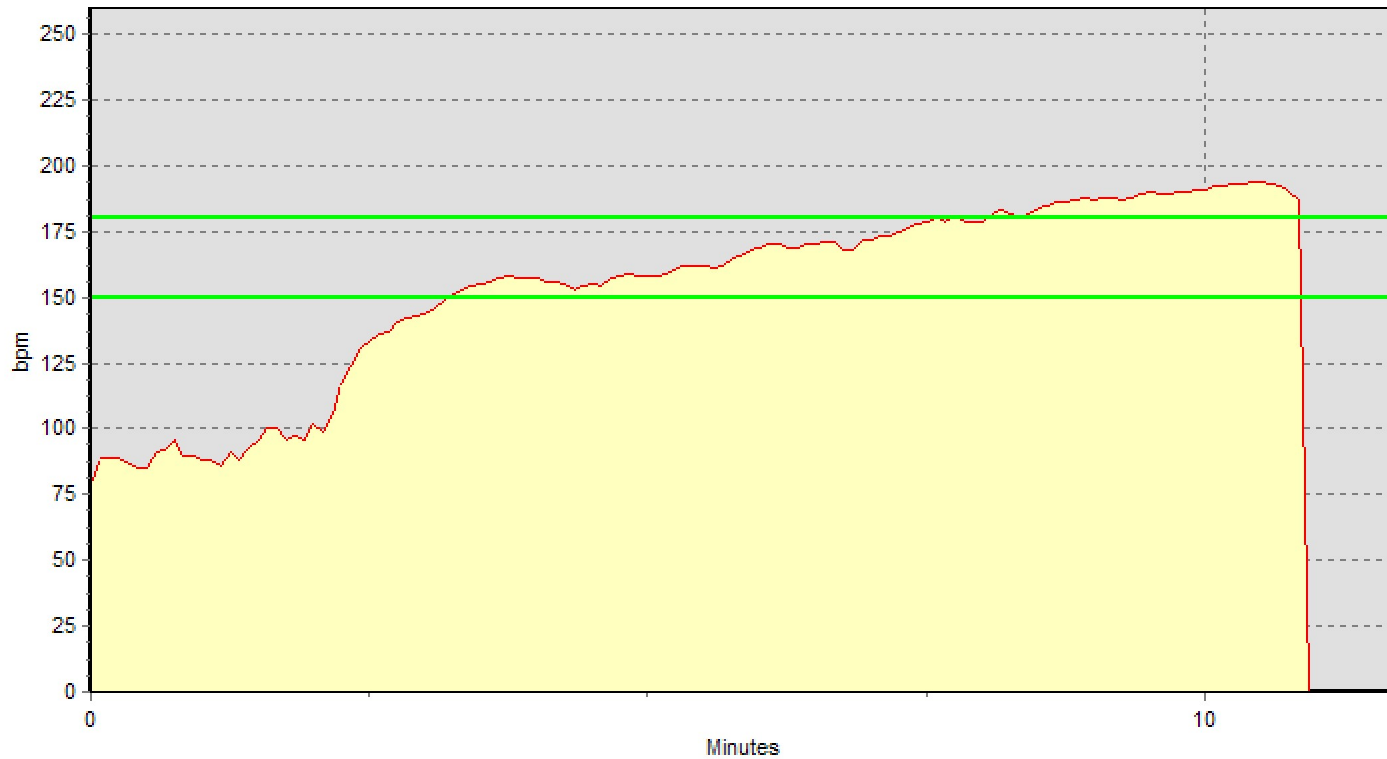


Individual Heart Rate Curve Report

Report Date: Tuesday, June 07, 2011

Teacher: Warren, Sharon
Course: Warren
Student: Alexa Warren

Date Range: Sunday, May 01, 2011 - Wednesday, August 31, 2011
Activities:



HRM: HRM #1 (E600)
Session Date: 6/2/2011 1:12:32 PM
Total Time: 11:45
Interval: 5 sec
Total Beats: 1657
First lap warm-up: No
Comments: Alexa VO2 Max test at U of I

File Number: 1
Activity: New Activity
Average HR: 142 bpm
Recovery: 79 bpm
Max HR Acheived: 194 bpm
Last lap cool-down: No

Laps	Time	Split	HR	Avg
1	11:44	11:44	0	142